EVENT DESCRIPTION SHEET

PROJECT	
Participant:	2 - Klaster Innowacji Społecznych
PIC number:	922551287
Project name and acronym:	YouthDemocrAID: Education, Debate, Action — YouthDemocrAID

EVENT DESCRIPTION			
Event number:	WP3		
Event name:	Implementation in Poland		
Type:	Workshop, training		
In situ/online:	in-situ		
Location:	Poland, Gliwice, Międzybrodzie Bialskie, Tychy, and Wyry		
Date(s):	21.10.2025, 10.11.2025, 20.11.2025, 21.11.2025,		
Website(s) (if any):	https://youthdemocraid.weebly.com/		
Participants			
Female:	26		
Male:	30		
Non-binary:	10		
From country 1 [Poland]:	66		
Total number of participants:	66	From total number of countries:	1

Description

Provide a short description of the event and its activities.

The local activities implemented in Poland within the framework of the Youth DemocrAID project were carried out by Klaster Innowacji Społecznych as part of Work Package 3 (WP3). The main objective of the workshops was to strengthen young people's civic engagement, increase democratic awareness, and support the development of social and civic competences necessary for active participation in public and community life.

The series of workshops took place in several locations in the Silesian region, including Gliwice, Międzybrodzie Bialskie, Tychy, and Wyry. The activities were organized on 21 October 2025, 10 November 2025, 20 November 2025, and 21 November 2025. Conducting the workshops in different local communities allowed the project to reach young participants from diverse social and educational backgrounds and provided opportunities for exchanging experiences, perspectives, and ideas related to civic participation and democratic values.

All workshops were organized in an interactive training format using non-formal education methods. Participants took part in group work, moderated discussions, simulations, problem-solving activities, and practical exercises designed to encourage critical thinking, teamwork, communication, and active participation. The methodology focused not only on delivering theoretical knowledge but also on creating engaging learning experiences that encouraged participants to reflect on their own role in society.

The workshops addressed a wide range of topics connected to democracy, civic engagement, youth participation, grassroots initiatives, leadership, social responsibility, and community involvement. Particular attention was paid to the importance of young people's participation in democratic processes and public life, emphasizing that democracy is not limited to elections or political institutions, but is also reflected in everyday actions, dialogue, cooperation, and local engagement.

An important part of the activities focused on media literacy, disinformation, and the influence of social media on public opinion and democratic processes. Participants explored how misinformation spreads online, discussed the importance of reliable information sources, and learned how to critically assess digital content. Through practical exercises and case studies, young people developed a better understanding of the impact that media and online communication can have on society and civic attitudes.

The workshops also focused on strengthening soft skills and personal development. Participants had the opportunity to improve their communication abilities, teamwork, conflict resolution, public speaking, and collaborative decision-making skills. Several activities encouraged participants to take initiative, express their opinions confidently, and actively contribute to discussions in a respectful and constructive manner.

Another important component of the workshops was youth leadership and empowerment. Participants worked in groups to develop ideas for local community initiatives and social actions that could positively influence their surroundings. These exercises encouraged creativity, responsibility, cooperation, and a sense of agency, while also helping participants understand how civic initiatives can contribute to positive social change at the local level.

The workshops created a safe and inclusive environment where young people could openly share their views, ask questions, and discuss different perspectives. Participants were encouraged to reflect on the meaning of active citizenship and to consider how individual and collective actions can influence the development of democratic and inclusive communities.

Throughout the activities, special emphasis was placed on showing participants that young people can have a real impact on their environment. By analyzing practical examples of civic initiatives and community actions, participants gained a deeper understanding of how even small local activities can contribute to meaningful social change and strengthen civic participation.

The workshops also promoted intercultural dialogue, mutual understanding, and cooperation among participants with different experiences and viewpoints. Working together in teams allowed young people to develop empathy, negotiation skills, shared responsibility, and the ability to cooperate effectively with others while respecting diversity and different opinions.

Implementing the activities in several different locations also allowed the workshops to better address local challenges and the specific realities faced by young people in their communities. Discussions often referred to issues affecting participants directly, including youth participation in local decision-making, social inclusion, access to opportunities, and community engagement.

At the beginning of each workshop, participants were introduced to the Youth DemocrAID project and the CERV Programme, with particular emphasis placed on the importance of European Union support in promoting democracy, civic participation, equality, and active youth engagement across Europe.

A total of 68 participants took part in the activities implemented in Poland. The workshops contributed to increasing civic awareness, strengthening democratic values, and encouraging young people to

become more active, responsible, and engaged members of their local communities and society as a whole.

Social media posts about the workshops implemented in Poland:
Facebook Youth DemocrAID

Website articles:
https://youthdemocraid.weebly.com/news/workshops-in-poland

EDS publication links:
https://you-net.eu/eu-projects-youth/youth-democraid/
https://youthdemocraid.weebly.com/news

HISTORY OF CHANGES		
VERSION	PUBLICATION DATE	CHANGE
1.0	01.04.2022	Initial version (new MFF).